Healthy Lifestyles for Lasting Sobriety

Annual Report 2020



EXECUTIVE DIRECTOR

Inspiring Sobriety

Brooke Russell

I have dedicated my life to leading nonprofits, so when I became the Executive Director of Recovery Beyond I assumed I would be on familiar ground. But there was something about Recovery Beyond I had never experienced. For the longest time, I couldn't put my finger on it. As we come to the end of this challenging year, I think I know what it is.

Every nonprofit focuses on meeting needs. They come beside people in distress and say, "We can help." As vital as this is, it's not the genius of Recovery Beyond. "Recovery Beyond is an invitation to a transformation"



Recovery Beyond is an invitation to a transformation. It doesn't just say, "We can help." It says, "You can be something extraordinary."

The DNA can be traced back to the day Mike Johnson and Mark Ursino surprised a group of homeless people with a surprising question: "Who would like to climb Mt. Rainier?"

The genius of Recovery Beyond is that it inspires each individual with a vision of a better self, then invites them to come together and cheer for each other. Angie, one of our members, put this perfectly.



"You're roped up with a team of people that is guiding you, that is pushing you, that is following you from behind, not to try to tell you what to do or how to live your life, but that will be with you through the ups and the downs."

—Angie Buggert

Recovery Beyond doesn't just spread the waters of mercy. It kindles the flame of inspiration. I have felt this from every person in this extraordinary organization. I don't have to ask people to give back. They practically knock me over with their eagerness to help.

Early in 2020, the Board began to dream of how this transformation could be spread on a wider scale. The vision was to take a huge bite out of the homeless crisis by attacking one of its root

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causes: Substance Use Disorder. Plans were made to expand the mountaineering program. Three full time staff were hired.

Then came COVID-19

It would have been completely understandable if COVID-19 had been the end of Recovery Beyond. Social unrest, the pandemic, and political turmoil have sucked the life out of us all this year. There could be no mountaineering in 2020. Large group activities were prohibited. Substance Use Disorder was shoved to the margins of most people's thinking.



Rather than giving up, Recovery Beyond dug deeper. But SUD does not die when it is ignored: it thrives. Isolation and uncertainty drove record numbers to addiction. Rather than giving up, Recovery Beyond dug deeper.

Activities went online, from exercising, to art classes, to nutrition talks, to game nights. In quarantine, the new new staff came together and found its stride, working with the Board to complete an aggressive business plan for 2021. Board members were added. The Advisory Team doubled in size.



With a vaccine underway, there is light at the end of the tunnel and Recovery Beyond is primed to burst out of the gate. As restrictions are lifted, activities will multiply.

Almost everyone knows someone whose life has been destroyed by Substance Use Disorder. It might be a brother, a sister, a parent, a child, a friend. Addiction is a danger

to us all. When we fall down, Recovery Beyond is here to remind us to look up, to

remember that we are at our best when we are straining to be more than we are and cheering for each other to do the same. As we help others become the best versions of themselves, we become the best versions of ourselves.

Prepare for an exciting 2021. Recovery Beyond dreams of a world where people come together to inspire each other, not only to beat addiction,

but to be more than they ever thought possible. There is a surprising benefit. As we help others become the best versions of themselves, we become the best versions of ourselves.

VOLUNTEER POWER



Gina Haines

Thanks, Gina & Nate!

We especially want to thank our former Executive Director, Gina Haines and former Program Manager, Nate Lanting. Without their dedicated service, Recovery Beyond would never have come to this exciting place.



Nate Lanting



Mark IIrsina



Marcia Hansen

Brad Halbach







Todd Lanaton

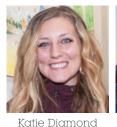
Mark Perrv

We are delighted to welcome three new board members to our team this year: Sarah and Todd Langton and Mark Perry. With their help we have focused our vision and outlined a strategy to make 2021 a breakout year.

Meet the Advisory Team



Becky Vinson





Scott Brown









Scott Sowle

Mick Pearson

Amanda Wager

Virginia Burton

This year we added five new members to the Advisory Team: Virginia Burton, Scott Sowle, Abigail Brewer, Jose Enciso, Amanda Wager. This exceptional group of former members and volunteers brings passion to our program and adds experience to our planning.

Our Faithful Board

PROGRAM UPDATE



Jess Villarreal Senior Program Director

In spite of COVID-19, 2020 was a year of growth and change as we pivoted to solely virtual offerings for most of the year. We met twice weekly for virtual workouts and spiced things up with art lessons, nutrition classes, and stories of recovery. We gathered in-person in small groups to go on hikes and restarted the Tacoma Rescue Mission workouts. The newly expanded

Advisory Team played a vital role in this, leading events, planning, and reaching out to new members. Thanks Advisory Team!

The year is over, the vaccine is out, and we're keeping our eyes on the future. In 2021 we'll continue to hold virtual events with new times to increase accessibility. We started a monthly Game Night to bring fun and play to the third Wednesday of



the month. Most exciting, we're planning a Mt. St. Helen's climb for late Spring. 2021 will be a time of connection, growth, and gathering to climb together.

2021 will be a time of connection, growth, and climbing together time of connection, growth, and gathering to climb together. In addition to mountain climbing, once COVID-19 restrictions are lifted,

we will add more activities, including rock climbing and bouldering, yoga, soccer, and social events such as picnics and seasonal celebrations. We can't wait to get together—that's how we truly shine.



INVESTING IN SOBRIETY



Why I Invest in Recovery

People invest in recovery for a variety of reasons. Jennifer's may surprise you.

Jennifer has a recovery story of her own. Staying in recovery is not automatic. It takes focused effort. For Jennifer, an important part of her own sobriety is helping other people in theirs. Here is how she explains it:

"Giving is part of my recovery"

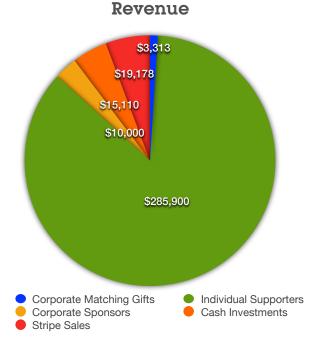
Jennifer Boudreau

"Serving is an essential part of staying in

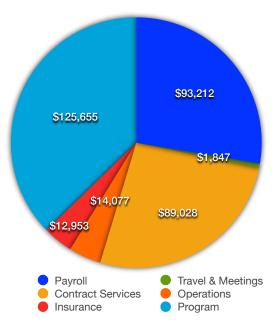
recovery. The way I serve is by giving. When I found you guys it was like, Wow! This is a place where I can use my gifts. Also, for me, exercise is a big part of recovery. As COVID-19 restrictions are lifted, I'm excited to see more activities open up and more people get involved with Recovery Beyond."



Thanks, Jennifer, and all of you who care enough about others to make their recovery your priority.



Expenditures



THANKS, INVESTORS!

ANGEL INVESTORS

Mark and Sue Ursino

MAJOR INVESTORS

- Brad & Kari Halbach
- Mark Perry

RECOVERY BEYOND

- Jennifer Stanton
- Jon Ruckle
- Brooke Russell

•Cesar Galindo-

Michael Stanton

• Kevin Williams

•Tim Burner

• Jose Enciso

Johnson

•Terri Franklin

Patrick & Marjorie

Cheri Mackinnon

Donald Summers

• Scott Armstrong

Linda Lanting

Legaria

- Danielle & Bill Goodgion
- Gina Haines
- James & Marilyn Hogue
- Sarah & Todd Langton
 - **ANNUAL INVESTORS**
 - Nancy & Bob

Jonathan Rogers

• Earl & Charlotte

•Amanda Wager

• Kyle Spellman

•Lisa Mauga

• Heidi Allen

Sutherland

• Mike Tag

Nersveen

• Jim & Debbie Cameron

• Manuel & Joanne Perry

• Don Rees

• Julie & Maury

Marcia Hansen

Robertson

- Sarah Farrens
- Mark Hooker
- Lindsey LaPointe
- Ray Lewis
- Joe Pfeifer
- Cat Rogers
- David Ursino
- Matthew Warren
- •Lisa Christen
- Don Preiss
- LaVina Burner

- Becky McCarthy
- David Ursino
- Lisa Ursino

• Jennifer & Shane

• Jennifer Thomsen

Boudreau

Becky Vinson

- Scott Brown
- Patricia Conrad
- Samantha Finnie
- Veronica Lambert
- Judith Seubert
- Jason Toothaker
- Regina Ference
- Maurice Girard
- Eugene Ortiz

Anna Shaffer Phillip Kvamme Annie Grant

Chelsea Pascoe Bowlero Forsake Boots

Ballard Patagonia Susan Sommerman Katie Diamond

Margaret Metzger Jennifer Boudreau

CORPORATIONS AND FOUNDATIONS

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Debbie Fouts

Christian Ursino

- Michael

Luxenberg

• Julie Montgomery

- Barbara &
- •Vanessa Gallant •Bekka & Bruce Davis
- Gamboa

• Christopher Mohs

• Jan & Jerry Bodine Jorge & Elizabeth

EQUIPMENT DONATIONS

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VOICES OF RECOVERY

These 60-second videos are worth a thousand words.

Click on any video to hear what members, volunteers, staff, and our Board Chair have to say.



MARK URSINO Board Chair & Angel Investor



ANGIE BUGGERT Member



JESS VILLARREAL Senior Program Manager



SCOTT SOWLE Volunteer & Former Member



JOSE ENCISO Volunteer & Former Member



DAWN BROWN Volunteer & Former Member

because everyone has a mountain and no one should go alone