



2022 ANNUAL REPORT



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"Recovery Beyond has been an amazing addition to my life. When I was first approached about Recovery Beyond there was, naturally, a little uncertainty being the fact that it would be a new experience in a new environment with all new people! For me it's always the same story in my head; I'm nervous to immerse myself into a new situation but then whenever I am in the situation I feel the opposite of nervous/uncertain; I am confident and enthusiastic! Also, afterward, there is positive reinforcement because I just did something that I was scared to do so there is a sense of empowerment from what I just accomplished. It's fun to see that contrast...It's been a great experience!"





A Letter From Our Executive Director

Dear Recovery Beyond Family,

At the end of 2021, Recovery Beyond made a recommitment to its team, to the community, and most importantly, to the people we serve each and every day. We shared that we were coming out of some trying times, but that we were facing our challenges with transparency and eager motivation. In recovery, we learn to make goals and take the smaller steps necessary to reach those goals. Once we follow through with our intentions, we begin to develop self-efficacy...a means for believing in ourselves and our capabilities. Similarly, Recovery Beyond, as an organization, set its sights high in 2022, took the steps needed to succeed, and came out the other end with a triumphant year! First and foremost, an organization must have a mission and vision that drives every decision from the ground up. We knew that we had an admirable mission, but we also felt that it didn't accurately portray the heart behind what we do. As a full team, we spent months reviewing who we are, as well as who we are not. We made very intentional choices around the words that we would use, because words do matter. By mid-year, we had a new mission and vision which now offer a framework for all that we pursue.

Mission

WE ARE a community known for its spirit of adventure, where 'health and wholeness' is valued and discovered, lived and breathed!

Vision

Cultivating community which inspires recovery pathways for healing, hopeful living.

We then catapulted off this mission and vision to recommit to our team, seeking to retain those leaders truly invested in who we are, as well as folding new talents into the tribe. Three new Board members have joined Recovery Beyond this year, and new officer roles were elected. Two new staff members came onboard in the fall and have already made an incredible impact in the programs department. Three of our staff are now Washington State Certified Peer Counselors, with the education and credentials to provide high quality peer services. We have reestablished the Peer Advisory Board, to ensure that those with lived experience are intimately involved in strategic decisions for the organization.

We have also been blessed with a team that is passionate and diverse in many ways. We represent lived experience of all types of recovery, both directly and through family relationships.

Our leadership represents knowledge and wisdom from both the not-for-profit and for-profit worlds. Our family is comprised of various ages, socioeconomic backgrounds, and LGBTQ+ perspectives. We certainly still have room for growth, however, as we continue to seek diversity in our leadership team with respect to race and ethnicity. Recovery Beyond's newly formed DEI Committee is working hard to leverage their formal assessment of our organization and make progress in several areas so that we represent the population that we serve.

In recommitting to our community, Recovery Beyond set out to learn as much as possible about the incredible people and organizations with which we work. No entity can meet all the needs of recovering individuals from every walk of life. To make the biggest impact, we must work closely together, understanding what we do well and what others do better. Recovery Beyond is now represented on 8 community coalitions and has an appointee on the Washington Health Care Authority Office of Recovery Partnerships Steering Committee. Through these outlets, we are able to be a part of a holistic team, which identifies needs and develops solutions for hopeful living.

One identified need that surfaced was more resources for Pierce County. In response, Recovery Beyond began its reintegration, and has steadily expanded its services, within Pierce County. Throughout our 2022 journey of community connection in all geographic regions, Recovery Beyond has participated in 9 outreach events, has developed 17 service partners, and has created 11 activity partners. The more collaboration the better!

Recovery Beyond has gone through an extensive quality improvement transformation as well. By setting high standards, we recommit to our participants through our robust services and insistence on excellence. We began by standardizing employee and Peer Lead training requirements so that our values and beliefs are woven through everything that we do. We performed a massive website overhaul to make programming easy to understand and accessible to anyone seeking our inspirational community. A brand new data platform was implemented early in the year, as a mechanism for accurate data collection, outcomes tracking, and thorough impact assessment. Financial accounting and reporting were shifted to a third-party contractor to streamline operations, enable scalability, and create appropriate business boundaries. All these changes contribute to a system that keeps Recovery Beyond accountable to its participants, leadership, and stakeholders.

It's clearly been a tremendous year of investment. Recovery Beyond has declared through our actions that we excitedly embrace our mission and vision. By recommitting and establishing a strong infrastructure, we are heading into 2023 with a solid foundation. We can't wait to share the next year with all of you through an incredible program lineup, ever-growing partnership opportunities, additional focus on quality improvement, and continued expansion. Let's Go Beyond in 2023!

Most sincerely,
Megan C. Wright (Fisher), LCAC, LMHCA, CPC, TTS
Executive Director

Who We Are

We are a community known for its spirit of adventure, where 'health and wholeness' is valued and discovered, lived and breathed!

Cultivating a community which inspires recovery pathways for healing, hopeful living — we offer our participants no-cost opportunities for an Audacious Annual Expedition, Seasonal Reach Experiences, Monthly Community Events, and weekly peer-driven connections, conversations, and activities.

AUDACIOUS ANNUAL EXPEDITION

Week long expedition involving a grand adventure in the great outdoors!

SEASONAL REACH EXPERIENCES


Experiences that stretch and strengthen pathways of health and wholeness

MONTHLY COMMUNITY EVENTS

Open to all participants, families, and friends to bring our community playfully together

PEER CONVERSATIONS & ACTIVITIES

Peers Supporting Peers through physical and conversational activities in person and online



Our Values

BE GRAND

*[magnificent, noble, ambitious, or striking
in conception, scope, or effect]*

When we see *recovery* as really just another word for *living*, we can be more grand in our perspective — which helps us see the bigger picture.

BE ADVENTUROUS

[not afraid to do new, bold, or exciting things]

When we know that our body is built tough and leans toward health if given an honest chance, we can be more adventurous and confident in the way we live — which helps us stop being so afraid.

BE WHOLE

*[showing and enjoying health and vigor
of whole body, mind, and spirit]*

When we learn to stop compartmentalizing ourselves and our lives into pieces and parts, we can start pursuing wholeness — which helps us find the trailhead for healing, hopeful living.

BE REAL

[genuine, authentic; not fake, false, or artificial]

When we understand that nourishment fuels life, movement expresses life, and relationships are the meaning of life, we can be refreshingly real on how we spend our time and energy — which helps us be our better self on the inside and outside.

BE WISE

*[marked by deep understanding,
keen discernment; capacity for sound judgment
of what is good and true and right]*

When we view the stream of endless information and conflicting opinions through a lens of lasting understanding, we can calmly and wisely rise above the messy confusion to see what matters most — which helps us make better decisions.

BE JOYFUL

[feeling, causing, showing happiness; full of joy]

When we find that groove that lives somewhere between being impossibly perfect and just giving up, we allow ourselves the grace and freedom to be joyful and spunky — which helps us be less anxious and more present in life's moments.

BE-LIEVE

[to accept something as true, genuine, or real]

When we trust we are made to connect, we have reason to believe in something bigger than ourselves — which gives us hope and responsibility that who we are and what we do matters.

2022 By the Numbers

Participants

The Year Of The Comeback!

In 2022 the Recovery Beyond team refocused efforts by defining organizational identity, solidifying offerings, and creating relationships with new community partners. By year's end, we grew our community to 102 participants.

167

number of different group activities
and events offered in 2022

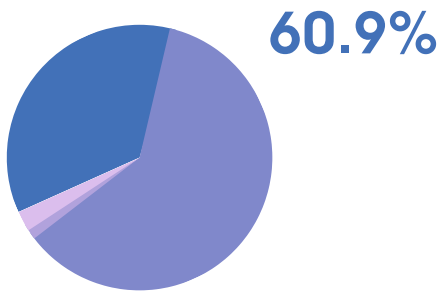
49

number of recovery coaching sessions

327

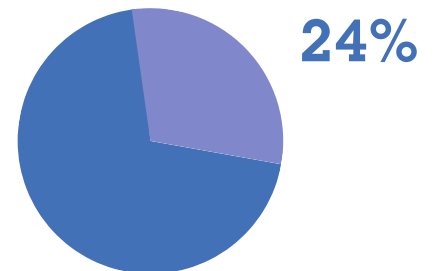
number of attendees at activities and events in 2022

Who We Serve

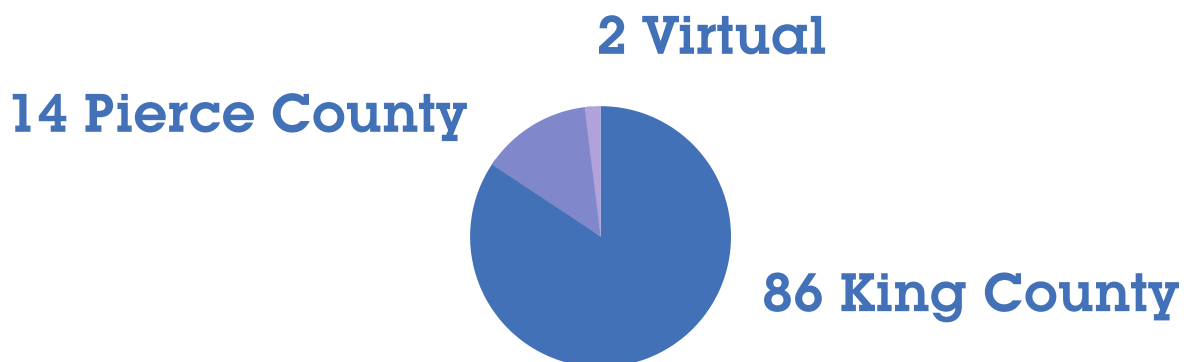


Identify as Female

41.3 years
Average Age



Referred by fellow
participants



Participants by County

2022 Highlights

100 Participants Strong

In 2022, Recovery Beyond grew to over 100 participants thanks to new partnerships, successful networking events, and peer referrals. We are honored to serve our community and strive to offer relevant, meaningful care and accessible adventures.

Peer Advisory Board

We are thrilled to share the formation of our Peer Advisory Board composed of our most dedicated Peer Leads. This formal board will serve as the official advisor for our organization and have a seat with the Board of Directors.

Indoor Bouldering

Bouldering offers participants the chance to learn a new skill in a welcoming environment. Bouldering is not only a great workout but requires problem-solving skills. This sport helps reinforce determination and redefines failure.

2022 Activities & Events

Indoor Bouldering
Kayaking
Hiking
Virtual Huddle
Bootcamp Workout
Recovery Bingo
Virtual Yoga
AcroYoga
Versatile Arts
River Floating
Boxing Fitness
Skateboarding
Trampoline Park
Bike Riding
High Ropes Course
Ax Throwing
Archery
Maze Racing
Bonfire

2022 Highlights



Audacious Annual Expedition – Sea Kayaking

In September 2022, the Recovery Beyond Audacious Annual Expedition team set out on a 7-day kayaking journey through the San Juan Islands. The week was spent exploring the Salish Sea, learning new skills, and building community. The team left technology behind while connecting with nature and deepening their relationships with themselves, their recovery, and each other.

Recovery Coaching & Peer Support

We have made available individual peer support with certified peer counselors to complement our group programming offerings.

Peer support is meeting a person where they are in their journey of recovery, whatever that may look like for them. Peer support assists with the navigation of life challenges, formal systems, and refocusing attention toward hope.

At Recovery Beyond we believe strongly that recovery is another word for living. We have integrated our peers-supporting-peers program to have individualized coaching and focused conversations on what can help support a person on their path to healing. Individuals can participate in one-on-one meetings with a certified peer counselor. This is an opportunity that is available at no cost or obligation to the participant.

Part of our success includes Chat Walks, designed to reduce any barriers to feeling self-conscious during face-to-face conversations. Chat Walks allow the conversation to freely drive the topic of healing and recovery.



Increased Funding = Increased Programming

Diversifying revenue and gaining a means for service expansion was a major victory for Recovery Beyond in 2022. Throughout Recovery Beyond's history, individuals with enormous hearts of compassion have kept the organization afloat. Because of this unwavering dedication, we have been able to grab the attention of grantors at the county and state levels.

King County and the Washington State Health Care Authority believe in the Recovery Beyond mission and are willing to invest in our ability to make an even larger impact in the communities we serve. As a result, Recovery Beyond was awarded over \$470,000 in grant funding for the 2022-2023 fiscal cycles.

Under a King County specific grant, Recovery Beyond is creating partnerships with housing facilities to provide recovery resources to their residents. Additionally, we introduce those residents, who are going through a challenging transition, to a joyful recovery community which acts as a bridge from structured to independent living. Recovery Beyond's state grant is allowing expansion of our services in both King and Pierce counties, helping us emphasize employment and education goal setting for participants, and supporting our pursuit of national accreditation as a Recovery Community Organization (RCO).

As we continue to work with these grant projects in 2023, we are able to use our outcomes to advocate for increased opportunities and funding for peer-based organizations in Washington.



Community Partnership Acknowledgement

Community partnerships are cornerstones of our organizational model. They offer support via programming spaces, participant referrals, networking opportunities, and resource sharing.

In 2022, we formed a partnership with Acres of Diamonds, a program focused on a faith-based approach to healing, recovery, and family restructuring. We served this community through individual peer coaching sessions and provided resources and tools for recovery and navigating larger systems. This partnership allowed us to expand and define our recovery coaching resources while creating relationships with their incredible team and clients.

Thank You to Our 2022 Partners

Peer Seattle

WELD

Recovery Cafe

AMFM Healthcare

Hotel California by the Sea

Newport Healthcare

Auburn Court

Pierce County Court

King County Drug Diversion Court

King County Superior Court

Kent DUI Court

Des Moines DUI Court

Lakeside Milam

Green River College

Peer Kent

Outward Bound

Seattle Boulderling Project

Cappy's Boxing Gym

Moss Bay Kayaking

Cascade Bicycling Club

Versatile Arts/Aerial

WA Speaks

Cascade Grotto

Robyn Yoga Nidra

Acres of Diamonds

Sambica

King County Recovery Coalition

King County Behavioral Health & Recovery Division

Peer Ran Organization Learning Collaborative

Issaquah Chamber of Commerce

Pierce County Opioid Task Force

Pierce County Recovery Coalition

HCA Office of Recovery Partnerships Steering Committee

HCA SUD Continuity of Care Committee

Peer Recovery Center for Excellence

Recovery Beyond Diversity, Equity, and Inclusion Initiatives

Recovery Beyond's DEI Committee was created in the fall of 2022 to address barriers to accessibility in our programming. We acknowledge that access to behavioral health services such as recovery resources, treatment, mental health aid, and peer services are not equal for all.

We strive to create an equitable and inclusive space for those in recovery and their allies. We advocate for the expansion of recovery resources and peer services in western Washington.

As an organization, we know that we must make improvements to better understand and amplify the voices of those we serve, provide culturally competent care and resources, and address areas of improvement internally and with our community.

Together, we do recover.

Steps Taken in 2022

- Formation of Recovery Beyond DEI Committee
- Initial assessment of Recovery Beyond on the Stages of Change Model developed by the National Association for Addiction Treatment Providers
- Equity, accessibility, and the creation of a language assistance plan chosen as goals for 2023
- Highlighted accessibility difficulty levels for the activities on Community Calendar

2022 Financial Review

2022 Revenue

Contributions Revenue

Individual Donations	\$531,954
Grants/Foundation	\$223,249
Corporate Contributions	\$652
Other Fundraising	\$47

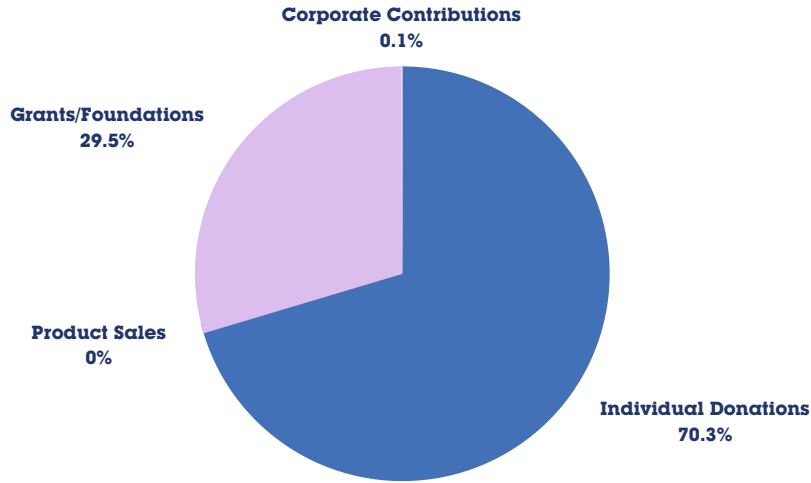
Total Contributions Revenue \$755,902

Product Sales \$237

Interest Revenue \$70

Total Revenue \$756,209

Revenue by Class

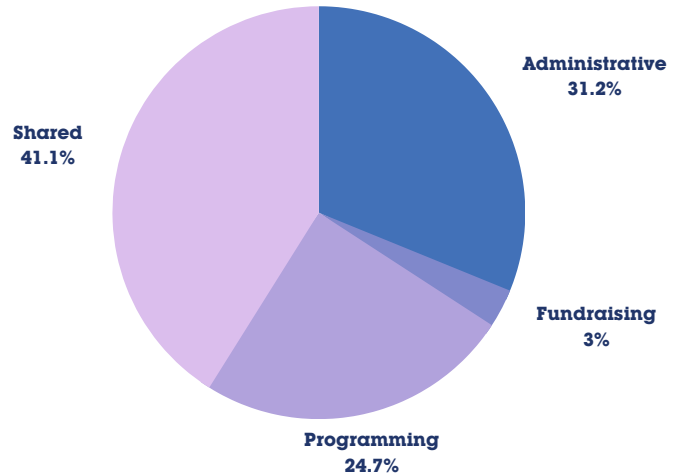


2022 Expenses

Payroll Expenses	\$375,914
General Expenses	\$70,750
Facilities & Equipment	\$53,787
Program Expenses	\$47,848
Professional & Contract Services	\$26,689
Insurance	\$20,655
Operations	\$18,412
Payroll Taxes	\$4,602

Total Expenses \$618,657

Expense by Class



Net Income \$137,552

Why I donate

"Throughout my life, there have been close friends affected by substance use disorder. While some are in recovery, others sadly lost their lives to it. I think it is crucial to spread awareness and promote healthy activities that support recovery."

Thank You to Our 2022 Donors

Anonymous
Jane Ashenfeller
Mari Berry
Kimberly Bingham
Jennifer Boudreau
LaVina Burner
Cami Byers
Laura Dennis
The Estate of Brian Dougherty
Gina Haines
Marcia Hansen
Stephanie Harris
James Hogue
Barbara Hoskin-Deditius

Patrick Johnson
Anne Marie Legato
Ray Lewis
Barbara Luxenberg
Jack Muller
Zandra Navarro-Villicana
Jonathan Norris
Sharon Norton
Mark & Deb Perry
Rosemary Peyton
Shawn Pyott
Bruce Richards
Texas Roberts
Tarunay Roy

Jon Ruckle
Sunil Sanghvi
Karen Scriver
Scott Sowle
Jennifer & Neil Stanton
Michael Stanton
Sophia Steinhoff
Therese Surges
Earl Sutherland
Tom Tobin
Maryle Tracy
Christian Ursino
David Ursino
Mark & Sue Ursino
Debra Hill-White



Staff



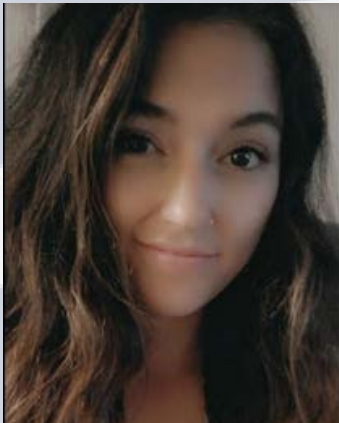
Megan Wright
Executive Director



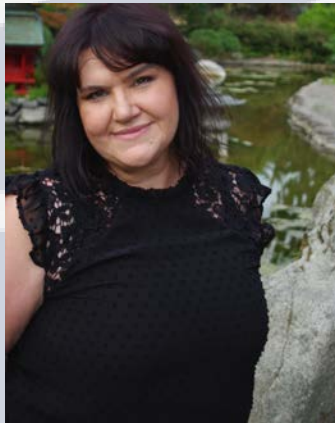
Mark Adams
Director of Programs



Jess Villarreal
Director of Operations



Elisa Matthews
Activity Programs Coordinator



Tawnia Nelson
Peer Support Supervisor



Bullet
Team Mascot

Peer Advisory Board



Scott Brown
President



Anne Marie Legato
Vice President



Olga Gaistruk
Secretary



Kyle McAllister
Advisor



Jose Enciso
Advisor



Taylor Richards
Advisor



Kami Benge
Advisor



Angie Buggert
Advisor

Board of Directors



Mark Perry
Board President



Brad Halbach
Vice President




Joe Lindstrom
Board Member



Britany Ferrell
Board Member



Bill Goodgion
Board Member

A full-page background image showing three hikers on a steep, rocky mountain trail. One hiker is standing on the left, another is in the center, and a third is crouching on the right. They are surrounded by evergreen trees and a clear blue sky with some clouds. The text is overlaid on a semi-transparent dark blue band across the middle of the image.

"When I'm connected to my community, I feel like I'm living, when I am not afraid and a part of a group, I feel hopeful, I feel alive, and it's a beautiful feeling...The best feelings I have experienced during recovery are moments where I pushed myself, knowing that I was able to be a better person mentally, physically, emotionally, and spiritually. I can receive all these aspects from Recovery Beyond."